Awareness days

Awareness days relating to inclusion can be used to inspire engagement and understanding in your organization.

Help to promote a culture of inclusion & demonstrate the commitment to a workplace which is accessible, safe & supports everyone.

International Women’s Day – 8th March

Global commemoration of the cultural, political and socioeconomic achievements of women. Brings attention to issues such as gender equity, reproductive rights and violence against women. The designated colours for International Womens Day are purple (signifying justice and dignity), green (signifying hope) and white (signifying purity).

Find out more - <https://www.internationalwomensday.com/>

Harmony Day – 21st March

Harmony Day is celebrated in Australia, and coincides with United Nations International Day for the Elimiation of Racial Discrimination. Harmony day promotes social cohesion and racial harmony. The designated colour for Harmony Day is orange, and it is often expressed through community participation, inclusiveness, celebrating diversity, respect and belonging.

Find out more - <https://www.harmony.gov.au/>

National Volunteer Week – 3rd Week in May (16th-22nd May 2022)

Australia’s largest celebration of volunteering.

Find out more - <https://www.volunteeringaustralia.org/get-involved/nvw/>

Global Accessibility Awareness Day – Third Thursday in May

Global awareness day that focuses on digital access and inclusion for people with disabilities.

Find out more - <https://globalaccessibilityawarenessday.org/>

Wear it purple day – last Friday in August

Wear it Purple strives to foster supportive, safe, empowering and inclusive environments for LGBTQIA+ young people.

Find out more - <https://www.wearitpurple.org/>

NAIDOC week – First full week in July

NAIDOC Week celebrations are held across Australia each July to celebrate the history, culture and achievements of Aboriginal and Torres Strait Islander peoples. NAIDOC is celebrated not only in Indigenous communities, but by Australians from all walks of life. The week is a great opportunity to participate in a range of activities and to support your local Aboriginal and Torres Strait Islander community.

Find out more - <https://www.naidoc.org.au/>

RUOK Day – Second Thursday of September

RUOK Day is a national day of action dedicated to reminding people to regularly check in with family, friends, colleagues and neighbours.

Find out more - <https://www.ruok.org.au/>

World Mental Health Day – 10th October

The overall objective of World Mental Health Day is to raise awareness of mental health issues around the world and to mobilize efforts in support of mental health.

The Day provides an opportunity for all stakeholders working on mental health issues to talk about their work, and what more needs to be done to make mental health care a reality for people worldwide.

Find out more - <https://www.who.int/campaigns/world-mental-health-day>

National Carers Week – October (2022 dates TBC)

Carers are people who provide unpaid care and support to family members and friends who have a disability, mental health condition, chronic condition, terminal illness, an alcohol or other drug issue or who are frail aged – anyone at any time can become a carer.

National Carers Week is an opportunity to raise community awareness among all Australians about the diversity of carers and their caring roles.

Find out more - <https://carersweek.com.au/>

International Day of People with a Disability – 3rd December

IDPwD is a United Nations observed day celebrated internationally. It aims to increase public awareness, understanding and acceptance of people with disability and celebrate their achievements and contributions.

IDPwD is an opportunity for us to make positive changes to the lives of the 4.4 million Australians with disability.

Find out more - <https://www.idpwd.com.au/>

Human rights day – 10th December

Human Rights Day commemorates the day in 1948 that the United Nations General Assembly adopted the Universal Declaration of Human Rights.

Find out more - <https://www.un.org/en/observances/human-rights-day>